



Burke/West Springfield Senior Center Without Walls



Winter 2022 Session

Receipt-

Last Name: _____ First Name: _____

Phone (primary): _____ Email: _____

Address: _____
 (Street) (City) (State) (Zip)

Emergency Contact: _____
 (Name) (Phone)

Photo Release: By signing this form, I give permission to be photographed and/or videotaped by NCS or the media for use in publicizing NCS programs and services.

Liability Waiver: I recognize that there are risks inherent in participating in recreational activities and agree to hold harmless the County of Fairfax, Department of Neighborhood and Community Services (NCS), and their officers, employees, and volunteers from all claims for bodily injury and/or property damage that result from my participation in any activity in this pilot program.

Registration Information Release: Registration information provided to the Fairfax County Neighborhood and Community Services is public record and as such may be released under the Virginia Freedom of Information Act unless the participant specifically requests that this information not be released. Check here ___ if you DO NOT grant NCS permission to release your information.

MOTT COMMUNITY CENTER 9am-12pm Gray Highlighted Classes will be accepted on Tuesday, January 11th Registration Day Non-Highlighted Classes will be accepted on Wednesday, January 12th. Participants may register for three classes at a time however Thursday Line Dance & Yoga classes only one class is permitted.

(Mail in ONLY to the David R Pinn Center) 10225 Zion Drive Fairfax, VA 22032.

*Mail-in/Walk-In (please select your top 3 choices, however 3 will be chose).

*For the Winter 2022 session you will only be able to take 3 classes due to space and social distancing. You may bring ONE additional registration form, only if the individual has a disability limiting them from coming to the facility in person to register themselves. We ask if you cannot make in-person registration for either day, that you follow the directions above and mail in your registration and have arrive no later than **Friday, January 14th by 12pm**; which is the **deadline for SCWOW Winter 2022 Registration.**

| Class | Day and Time | Location | \$5 Per Class County Residents \$10 Non- County Resident | |
|---|-----------------------------|---------------------------------|---|----------|
| | | | R-\$5 | NR- \$10 |
| Tai Chi ("Yang Jun") w/Debbie | Tue., 2:45pm-3:45pm | Expectation Church | R-\$5 | NR- \$10 |
| Yoga w/Debbie | Tues., 1:30pm-2:30pm | Expectation Church | R-\$5 | NR- \$10 |
| Yoga w/Debbie | Thurs., 1:30pm-2:30pm | Expectation Church | R-\$5 | NR- \$10 |
| Yoga w/Debbie | Fri., 1:30pm-2:30pm | Mott Community Center | R-\$5 | NR- \$10 |
| Mindfulness w/ Debbie | Thurs.,10:30am-11:30am | David R. Pinn | R-\$5 | NR- \$10 |
| Pilates w/ Debbie | Wed.,10:30am-11:30a.m. | David R. Pinn | R-\$5 | NR- \$10 |
| ZUMBA w/Gail | Tues., 12:00pm – 1:00pm | Mott Community Center | R-\$5 | NR- \$10 |
| ZUMBA w/Gail | Wed., 1pm-2pm | Mott Community Center | R-\$5 | NR- \$10 |
| ZUMBA Gold w/Gail | Thurs., 2pm-3pm | Mott Community Center | R-\$5 | NR- \$10 |
| Ballroom Dancing W/Adam | Tues., 2:30pm-4:00pm | Little River Glen Senior Center | R-\$10 | NR-\$20 |
| Story Telling w/ Adam (Self Reflection) | Thur., 10:30am-12:00pm | Mott Community Center | Free | |
| Ukulele w/Carol | Fri., 10am-11:30pm | West Springfield Community Room | R-\$10 | NR-\$20 |
| Hula w/Carol | Fri.,12:30pm-2:00pm | David R. Pinn | R-\$10 | NR-\$20 |
| Line Dance (Advanced) w/Susie | Mon., 12:30pm-1:30pm | Mott Community Center | R-\$5 | NR- \$10 |
| Line Dance (Advanced) w/Susie | Mon., 1:45pm-2:45pm | Mott Community Center | R-\$5 | NR- \$10 |
| Line Dance (All Levels) w/Cathy | Thurs.,10:00am -11:00am | Pohick Library | FREE | |
| Line Dance (All Levels) w/Cathy | Thurs.,11:15am -12:15pm | Pohick Library | FREE | |
| Line Dance (All Levels) w/Cathy | Sat., 10am-11am | Irving Middle School | R-\$5 | NR- \$10 |
| Line Dance (All Levels) w/Cathy | Sat., 11:15am-12:15pm | Irving Middle School | R-\$5 | NR- \$10 |
| Line Dance (Beg/Beg Adv) w/ Marilu | Sat., 12:30pm-1:30pm | Irving Middle School | R-\$5 | NR- \$10 |
| Line Dance (Beg/Adv/Inter) w/ Marilu | Sat., 1:45pm-2:45pm | Irving Middle School | R-\$5 | NR- \$10 |
| Line Dance (Beginner) w/Cheong | Thurs., 12:45pm-1:45pm | Pohick Library | FREE | |
| Beginner Guitar w/ Rob | Tue., 12:00 p.m. -1:00 p.m. | Mott Community Center | R-\$10 | NR-\$20 |
| Line Dance (Intermediate) w/Cheong | Thurs., 2pm-3pm | Pohick Library | FREE | |
| Line Dance (Beginner) w/Cheong | Wed., 12:00 p.m.-1:00 p.m. | David R. Pinn Community Center | R-\$5 | NR-\$10 |
| Line Dance (Intermediate) w/Cheong | Wed, 1:15 p.m. to 2:15 p.m. | David R. Pinn Community Center | R-\$5 | NR-\$10 |
| Chair One w/ Cecelia (Chair Exercise) | Fri., 3:00 p.m. -4:00 p.m. | Oaks Community Center | R-\$5 | NR-\$10 |
| Acrylic Art w/ Steve | Fri., 2:00 p.m.-3:00 p.m. | Mott Community Center | R-\$5 | NR-\$10 |

Signature: _____ Date: _____ Total \$ _____

Checks payable to "NCS"

| Payment Record | |
|----------------|------------------|
| Payment | Amount |
| Cash | \$ _____ |
| Check | \$ _____ # _____ |

Received By: _____ Date: _____