



Burke/West Springfield Senior Center Without Walls



Spring 2022 Session

Receipt-

Last Name: _____ First Name: _____

Phone (primary): _____ Email: _____

Address: _____
 (Street) (City) (State) (Zip)

Emergency Contact: _____
 (Name) (Phone)

Photo Release: By signing this form, I give permission to be photographed and/or videotaped by NCS or the media for use in publicizing NCS programs and services.



Liability Waiver: I recognize that there are risks inherent in participating in recreational activities and agree to hold harmless the County of Fairfax, Department of Neighborhood and Community Services (NCS), and their officers, employees, and volunteers from all claims for bodily injury and/or property damage that result from my participation in any activity in this pilot program.

Registration Information Release: Registration information provided to the Fairfax County Neighborhood and Community Services is public record and as such may be released under the Virginia Freedom of Information Act unless the participant specifically requests that this information not be released. Check here ___ if you DO NOT grant NCS permission to release your information.

MOTT COMMUNITY CENTER 9am-12pm Registration days are Monday, March 28th and Tuesday, March 29th. Participants may register for three classes at a time however Thursday Line Dance & Yoga classes only one class is permitted.

(Mail in ONLY to the David R Pinn Center) 10225 Zion Drive Fairfax, VA 22032. Walk in is Wednesday, March 30th to Thursday, March 31st from 9:15 a.m. to 12:15 p.m.

*Mail-in/Walk-In Only (please select your top 4 choices, however 3 will be chosen.)

*For the Spring 2022 session you will only be able to take 3 classes due to space and social distancing. You may bring ONE additional registration form, only if the individual has a disability limiting them from coming to the facility in person to register themselves. We ask if you cannot make the in-person registration for either day, that you follow the directions above and mail in your registration and have it arrive no later than Friday, April 1st by 12pm; which is the deadline for SCWOW Spring 2022 Registration.

Class	Day and Time	Location	\$5 Per Class County Residents \$10 Non- County Resident	
			R-\$5	NR- \$10
Tai Chi ("Yang Jun") w/Debbie	Tue., 2:45pm-3:45pm	Expectation Church	R-\$5	NR- \$10
Yoga w/Debbie	Tues., 1:30pm-2:30pm	Expectation Church	R-\$5	NR- \$10
Yoga w/Debbie	Thurs., 1:30pm-2:30pm	Expectation Church	R-\$5	NR- \$10
Yoga w/Debbie	Fri., 1:30pm-2:30pm	Mott Community Center	R-\$5	NR- \$10
Mindful Movement and Meditation w/ Debbie	Thurs.,10:30am-11:30am	David R. Pinn	R-\$5	NR- \$10
Pilates w/ Debbie	Wed.,10:30am-11:30a.m.	David R. Pinn	R-\$5	NR- \$10
ZUMBA w/Gail	Tues., 12:00pm – 1:00pm	Mott Community Center	R-\$5	NR- \$10
ZUMBA w/Gail	Wed., 1pm-2pm	Mott Community Center	R-\$5	NR- \$10
ZUMBA Gold w/Gail	Thurs., 2pm-3pm	Mott Community Center	R-\$5	NR- \$10
Ballroom Dancing W/Adam	Tues., 2:30pm-4:00pm	Little River Glen Senior Center	R-\$10	NR-\$20
Story Telling w/ Adam (Self Reflection)	Thur., 10:30am-12:00pm	Mott Community Center	Free	
Ukulele w/Carol	Fri., 10am-11:30pm	West Springfield Community Room	R-\$10	NR-\$20
Hula w/Carol	Fri.,12:30pm-2:00pm	Oaks Community Center	R-\$10	NR-\$20
Line Dance (Advanced) w/Susie	Mon., 12:30pm-1:30pm	Mott Community Center	R-\$5	NR- \$10
Line Dance (Advanced) w/Susie	Mon., 1:45pm-2:45pm	Mott Community Center	R-\$5	NR- \$10
Line Dance (All Levels) w/Cathy	Thurs.,10:00am -11:00am	Pohick Library	FREE	
Line Dance (All Levels) w/Cathy	Thurs.,11:15am -12:15pm	Pohick Library	FREE	
Line Dance (All Levels) w/Cathy	Sat., 10am-11am	Irving Middle School	R-\$5	NR- \$10
Line Dance (All Levels) w/Cathy	Sat., 11:15am-12:15pm	Irving Middle School	R-\$5	NR- \$10
Line Dance (Beg/Beg Adv) w/ Marilu	Sat., 12:30pm-1:30pm	Irving Middle School	R-\$5	NR- \$10
Line Dance (Beg/Adv/Inter) w/ Marilu	Sat., 1:45pm-2:45pm	Irving Middle School	R-\$5	NR- \$10
Line Dance (Beginner) w/Cheong	Thurs., 12:45pm-1:45pm	Pohick Library	FREE	
Beginner Guitar w/ Rob	Mon, 12:00 p.m. -1:00 p.m.	Mott Community Center	R-\$5	NR-\$20
Line Dance (Intermediate) w/Cheong	Thurs., 2pm-3pm	Pohick Library	FREE	
Line Dance (Beginner) w/Cheong	Wed., 12:00 p.m.-1:00 p.m.	Landings Community Center	R-\$5	NR-\$10
Line Dance (Intermediate) w/Cheong	Wed, 1:15 p.m. to 2:15 p.m.	Landings Community Center	R-\$5	NR-\$10
Chair One w/ Cecelia (Chair Exercise)	Fri., 3:00 p.m. -4:00 p.m.	Oaks Community Center	R-\$5	NR-\$10
Acrylic Art w/ Steve	Fri., 2:00 p.m.-3:00 p.m.	Mott Community Center	R-\$5	NR-\$10

Signature: _____ Date: _____ Total \$ _____

Checks payable to "NCS"

Payment Record		
Payment	Amount	
Cash	\$	
Check	\$	#

Received By: _____ Date: _____